

Fallston Soccer Council - Constitution and Bylaws

March 15, 2026 – Revision 10

ARTICLE I - NAME

This body is known as the Fallston Soccer Council; hereafter referred to as the "Council", and is affiliated

with the Fallston Recreation Council hereafter referred to as "FRC."

Council – is made up of The "Executive Board," "Commissioners," "In-House Commissioners," and "General Council Members."

Soccer Board – is made up of The "Executive Board," "Commissioners," and "In-House Commissioners."

ARTICLE II - PURPOSE

The purpose of this organization shall be to promote, develop, and govern the game of soccer (boys and

girls) as a program within the Fallston Recreation Council. This organization will promote goodwill, sportsmanship, and fitness through soccer. Policies will be consistent with those of the Fallston Recreation Council.

ARTICLE III - MEMBERSHIP

Membership will include the Soccer Board and any member of the community willing to support the Fallston Soccer Program and regularly attend Council meetings.

ARTICLE IV - SOCCER BOARD

The Soccer Board shall plan, develop, approve, and execute the soccer program within the Fallston Recreation Council (FRC). The Soccer Board shall consist of the persons in the following offices (The Council consists of the following offices plus the General Council Members):

Executive Board

President (Chairperson)

Vice President/Secretary

Travel Commissioner(s)

In-House Commissioner(s)

Treasurer

Equipment Manager

Field Coordinator

Fallston Cup Director (Boys and Girls)

ARTICLE V - EXECUTIVE BOARD

The Executive Board shall be the administrative body of the Council. The Executive Board shall consist of one Chairperson (President), Vice President/Secretary, Travel Commissioner, In-House Commissioner, and Treasurer. All Executive Board decisions must be unanimous among the Executive Board. Whereas, no one individual has more voting rights than another – all are equal.

ARTICLE VI - MEETINGS

The Council shall hold open meetings for all program participants and/or interested persons.

ARTICLE VII - RULES OF ORDER

All meetings of this Council are conducted in accordance with "Robert's Rules of Order", except as noted herein.

ARTICLE VIII - ELECTIONS

The officers of the Soccer Board are filled by general elections at the Annual Meeting. The annual meeting date and time is set by the Chairperson (President), with the goal of this happening in January.

ARTICLE IX - AMENDMENTS

1. Amendments to this Constitution or By-Laws shall be presented in writing to the Executive Board for review at least one general meeting before the general membership vote on the amendment takes place. Amendments are presented by a member of the "General Council Member" or above (see Section II B below for General Council Member definition).
2. The next meeting after the amendment has been proposed, the Executive Board will present it to the Soccer Council. The vote will be taken at that general membership meeting.
3. The motion to amend must pass by a two-thirds vote of a quorum of the general Soccer Council membership. A quorum is defined as 50% or more, to the total eligible voting membership of the Soccer Council.

4. Eligible voting membership is defined as a member of the Fallston Soccer Council that has attended

at least three (3) meetings in the past 12-month period.

5. Proxy voting is limited to eligible voting members who have attended the prior general meeting. A proxy vote must be signed and delivered to the president, in writing. All proxy

votes will be collected by the Secretary and will be opened after the in-attendance votes are cast.

6. Upon passage, an amendment shall be immediately active, valid, and added to the Constitution or By-laws.

By-Laws

I. PURPOSE

This organization will establish guidelines for all play within the Fallston Soccer Program, including in-house, travel (fall and spring), and indoor soccer.

II. SOCCER BOARD OFFICES, COUNCIL MEMBERS & RESPONSIBILITIES

A. Executive Board

1. The Executive Board, on behalf of the general membership, shall transact the business of the Council and establish committees as required.

2. The Chairperson (President) selected by majority vote of the Executive Board shall preside at all general meetings, or designate an alternate Executive Board member to act in their absence. Any replacement (fill-in) Chairperson can only vote as per their normal Council position (cannot vote on Executive Board votes unless already a member of the Executive Board etc.), they are only acting as meeting facilitator.

3. The Executive Board shall act on behalf of the Council regarding protests, general arbitration and Fallston Recreation Council liaisons. The Executive Board shall report on any actions undertaken at the next general meeting.

B. Soccer Board Offices, Council Members and Responsibilities.

Chairperson (President) - serve on the Executive Board, set meetings and chair the general meetings.

Travel Commissioner – serve on the Executive Board, oversee Travel registration, team selection procedures/try-outs, assists in team/league scheduling, team budgeting, and propose coach selection to

the Executive Board. Council and team liaison for leagues, other Recs and tournaments. Liaison between the travel teams and the Council.

Vice President/Secretary - shall serve on the Executive Board, keep and maintain the minutes of all general and special

meetings, and direct all correspondence emanating from this body in collaboration with the President. The Vice President/Secretary shall be responsible

for notification to the Council of the general meetings. Coordinate with the President, Travel Commissioner and In-House Commissioner all registration of participants in the

Fallston Soccer program and maintain records of all registrants. Handle communication between the

Council and the families/registrants.

Treasurer - shall serve on the Executive Board, keep and maintain all financial records of the Soccer Council. He/she shall direct the development and submission of the annual budget to the Fallston Recreation Council. The Treasurer shall be utilized as much as possible as the primary expenditure authority for the Soccer Council. Responsible for purchase recommendations to the Council and maintaining records, pricing, costs and quantities for all Council equipment.

Field Coordinator - responsible for field preparation, scheduling, and determines field playability.

Equipment Manager - responsible for equipment preparation and inventory, shall be responsible for the

acquisition, distribution, maintaining, and collection of all soccer equipment.

Officials - selects officials, assist in the education of Fallston selected officials (i.e. students), and consultation for rescheduling.

Fallston Cup Director (Boys and Girls) - coordinate the planning, maintain tournament rules, team registration, and playing of the Fallston Cup Soccer Tournament.

In-House Commissioner - oversee team and coach selection, assist in schedules and rescheduling, field

use notification, assist special rule development, equipment interface, arbitration of disputes, and police

coach and player conduct. Establish even and balanced teams.

Communicate with their respective families/players. Liaison between their league and the Council.

General Council Members - any attendee of at least 3 general meetings in a year who is then able to vote in Council elections and other votes.

III. MEMBERSHIP - ELECTION OF THE SOCCER BOARD

A. Voting Members

1. Only members of the Council shall elect the Soccer Board.

B. Nomination of the Board Members

1. Nominations are accepted by the Executive Board following the Fallston Cup up to the first meeting of the year - January/February Annual Meeting, as set by the Chairperson (the first meeting of the year is the Annual Meeting).

2. Nominations are presented to the Council verbally or to the Executive Board in writing any time prior to the call to order of the Annual Meeting where voting will take place.

3. The nominations are presented at the Annual Meeting following the meeting being called to order, which ends all nominations.

4. All nominees must give prior consent for having their names placed on the ballot either verbally in person or in writing to the Executive Board.

C. Election Procedures

1. The offices of the Board shall be voted on individually, the Chairperson sets the order of the ballot or nominees. The new officer shall be the nominee receiving the highest number of votes cast for the particular office. Any ties to be decided by a vote of the Executive Board.

2. Voting can be by show of hands or if requested by any one nominee, shall be by secret ballot.

3. Each voting member of the Council present shall have one vote. There shall be a provision for voting by absentee (proxy) ballot, subject to the eligibility voting rules.

4. The counting of the ballots shall be done by the Secretary at the Annual Meeting.

5. The results of the elections shall be given immediately following the voting and recorded by the Secretary.

IV. MEETINGS

A. General Meetings

1. The Council will hold regular meetings at least monthly (during season and bi-monthly out of season). Meetings will usually be held on a regular/set day and time of the month, as set by the Chairperson. The Executive Board, Council or the Chairperson, with notification of the meeting to be disseminated via mail or phone chain, may call additional meetings.

B. Annual Meeting

1. The general meeting, which is the first meeting of the year in Jan/Feb, shall be designated the Annual Meeting.

V. PROGRAM DEVELOPMENT GUIDELINES AND EXECUTION

A. Budget

1. Development - The development of the total Council budget is the responsibility of the Treasurer. The Treasurer shall solicit input to the budget development from the Soccer Board officers for all likely sources of income and expenses.
2. Expenditure Authority - The Treasurer and another member of the Executive Board will authorize Payments made on behalf of the Council through the Fallston Recreation Council (FRC).
3. Expenditure Procedure - Any Council member incurring a legitimate program expense shall contact the Treasurer to authorize the payment by the Fallston Recreation Council (FRC). All bills, payments, and requests for payment shall be directed to the Treasurer.

B. In-House

1. Registration - The registration for the soccer program shall be open and advertised, and performed in accordance with the By-laws of the Fallston Recreation Council.
2. Team Selection - In-house teams shall be established and balanced by the Age Group Commissioner and the head coaches of the age group. Requests for players, coaches or etc. shall not be honored other than special circumstances approved by at least two Executive Board members (Clinic is excluded and requests for placement will be honored to best or program's ability).
3. Scheduling - The commissioner of each in-house age bracket shall perform the scheduling of

in-house games. The schedule developed by the commissioners shall be submitted to the Fallston Recreation Council's Community Director.

4. League Format - The in-house league formats (period lengths, special rules, tie breaker information, etc.) shall be developed and finalized by the Commissioners and the Age Group Commissioners. Any changes or additions to previously existing rules or formats shall be submitted to the Executive Board, who shall approve or disapprove the submission.

Commissioners must ensure proper communication is provided to families explaining and showing the league format and schedule.

C. Travel Program

1. Philosophy - The purpose of the Fallston Soccer Travel Program is to further develop the most advanced player, by having them compete against higher levels of competition from other areas, in an atmosphere that is both enjoyable and conducive to learning the game of soccer.

2. Travel Season - The travel season begins with tryouts for the fall season, normally held in May/June of each year and ends with the conclusion of the spring season. The Indoor season is considered part of the travel season, and comes under the auspices of the travel program. The travel season is primarily in the fall. There will be no assumption that any team will be required to play or participate in any indoor or spring season. Any Fallston travel team that wishes to play in any league while wearing a Fallston uniform at any time must do so under the permission of the Executive Board.

3. Travel Teams - Travel teams shall be established, corresponding to the travel league age groups, and include teams in the under eight (8) through under fourteen (14) age groups.

Recommended team sizes are as follows, but may be subject to specific league roster requirements:

a. 7v7 (U8 through U10) - 7 players on the field – 10 to 12 players on the roster.

b. 9v9 (U11 and U12) – 9 players on the field – 12 to 14 players on the roster.

c. 11v11 (U13 and above) - 11 players on the field - 14 to 16 players on the roster.

Team members must be current participants in Fallston Recreation soccer program. Travel team members may be selected in the following geographic manner.

A Teams may have up to 50% of their roster be players from outside of the Fallston Rec

(Fallston High School) district.

B teams may have up to 25% of their roster of out of area players.

If there is only one team at an age group, that team must be 75% players from the Fallston Rec district.

This rule is waived when a team needs to fill its roster in order to have an appropriate number of players and there have been no cuts. Any exceptions to this rule must pass through the Travel Commissioner and the Soccer Board.

Taking into consideration the travel philosophy, it is not always possible to give each team member an equal amount of playing time. Each team member shall participate to the fullest extent possible, and must participate in approximately 25% of each game they are present and eligible to play.

5. Team Selection - All travel teams are to be selected through open tryouts, with an inclination to select members who reside in the Fallston Recreation District, or on recommendation from a Fallston in-house or travel coach, to cover situations where attending a tryout is not possible (i.e. injury, relocation from another community, etc.). The Executive Board must approve all exceptions to the open tryouts. Selection of the travel team will be decided upon by the age group head travel coach, and approved by the travel commissioner. If one person fills both roles, the Executive Board will appoint an alternative vote.

6. Playing Up - An eligible player, who wishes to play outside of his/her age group (known as "playing up"), will be considered, if the following criteria is met:

a. The Board of Directors will do everything in its power to insure that all players play in the age bracket defined by their respective League Commissioner. Fallston Soccer strongly believes that all players should play in their proper age group. Occasionally a player will no longer be challenged physically or in the mental elements of the game, and that player may petition to play up. The petition process for playing up in Travel would involve the parents submitting a written request to the travel

commissioner who will present it to the Board. This petition MUST be received no later than 1 week prior to the first posted date of travel tryouts for that calendar year. The Board will review the petition to determine if this player meets the

above criteria whereby his/her current age group is no longer a challenge. If the Board allows the petition, the impacted player must attend tryouts at both the proper age and the upper age group. A player may only play up if they are selected for the A team; they may not play up to play on the B team.

7. A minimum of 3 (a minimum of 2 if weather conditions do not allow for 3 due to field restrictions from other sports and time limitations) tryouts, and a maximum of 4, are to be held in order to select the teams. In order for a player to be eligible to tryout, he/she must complete a Fallston Recreation Council registration form signed by his/her parent/guardian prior to the tryout. Travel tryouts are to be conducted by the age group travel coaches and their assistants. Tryouts are to be organized and structured to include the following:

- a. taking of attendance
- b. warm-ups, stretching and conditioning
- c. individual skill testing to include dribbling, heading, shooting, trapping, throw-ins, and passing.
- d. Goalkeeping drills should include save tactics, punting, and ball distribution
 - i. Individual activities such as 1 on 1
 - ii. Group activities such as 2 on 1, 3 on 2, etc.
 - iii. small sided games

8. Travel Cuts - Coaches may contact the players cut by telephone. Notification is to be made to the parent/guardian. Under no circumstance are cuts to be made on the field in front of the other players. Cut players must be offered the opportunity to play in the in-house program.

9. Travel Coaches - The Executive Board, prior to travel tryouts, formally interviews all Travel coaches. At that time, a determination by the entire Executive Board is made if the coach is suitable for the program. Criteria used in selection of a travel coach would include, but not

limited to; character, references, coaching experience, playing experience, soccer knowledge, soccer education (i.e. licensed, educational courses, etc.), and parent/guardian and travel commissioner evaluations. All head travel coaches are required to attend at least 2 of the scheduled travel tryouts. Any exceptions are to be approved by the Travel Commissioner and/or Executive Board. Additionally, coaches are expected to conduct at least one practice per week, weather permitting. Finally, all travel coaches (or a representative) should attend the monthly general meetings and volunteer to assist in soccer related projects and fund raisers, including the Fallston Cup.

10. Fall Season - The fall season normally begins in July. The Travel Program will consist of teams in the Under 8 through Under 14 age groups.

12. Funding - Travel programs will be self-funded to a predetermined level within the overall Soccer Program budget. The Treasurer and Travel Commissioner shall be responsible for distribution and control of the travel budget.

VI. RULES OF PLAY

A. Rules

In general, the in-house programs will follow FIFA rules.

B. Exceptions

Exceptions to the FIFA rules which will be allowed for the various in-house programs, shall be properly communicated and distributed to the families/players (either by copies, website or email – multiple means should be utilized).

C. Player Safety

For the safety of the players, all players MUST wear shin guards to be eligible to play. Jewelry (i.e. - rings, watches, etc.) may not be worn during the game. It is recommended that other safety equipment be worn, (i.e. - goalies should wear mouthpieces; anyone wearing glasses should have safety lenses).

D. Player, Coach, Parent, Spectator Conduct

The following "HOT HEAD" rule will be in effect for all leagues.

Referees shall eject person from the game and the playing area, anyone (i.e. - player, coach, parent, and spectator) who commits a flagrant offense, such as verbal abuse, profanity, obscene gestures, or physical violence of any kind. Coaches shall be held responsible for the conduct of their spectators. Referees shall have the prerogative to end the game for any violation of this rule. The referee's judgment concerning this rule shall be final and cannot protest.

Any player issued a RED CARD or ejected from the game will be suspended for the next league or tournament game. Any coach issued a two yellow cards or one red card or ejected from a game, will be suspended

for the next game. Coaches must self-report these infractions to the league commissioner within 24 hours. The Commissioner of that program must report all red card or ejections to the Executive Board within 48 hours after the game. The Executive Board will immediately notify the appropriate Age Group or Travel Commissioner of the suspension.

If after return from the suspension, a player or coach is RED CARDED or ejected again during the same season, that player or coach will be suspended from the program for one calendar year (365 days), starting from the date of the second offense. In addition, should a coach hold a position on the current year's Soccer Board, he/she shall be removed from that position and shall remain ineligible to hold a board position for one year (365 days). Any suspended coach not holding a board position, will be ineligible to hold such a position anytime during the period of suspension. All suspensions shall be reported to and recorded by the Secretary with the permanent records of the Council (to be included are suspended individual's name, date of suspension, and eligibility date).

VII. PLAYER/PARENT GRIEVANCE PROCEDURE

A. Purpose

1. The following procedure is intended to protect the integrity of the Fallston Soccer Program by insuring that the quality of our program is as good as it can be and that the players, parents and fans have input into the program.

a. When a player, parent, or fan has a grievance or complaint, it should first be

brought to the attention of the coach(es) involved.

b. If it cannot be satisfactorily resolved at that level, it should be lodged in writing with the appropriate Age Group or Travel Commissioner. After hearing both sides of the situation, the commissioner will attempt to resolve the grievance or complaint to the satisfaction of both parties.

c. If the Age Group or Travel Commissioner is not successful in resolving the grievance or complaint, the commissioner will write a summary of the grievance or complaint, along with his/her recommendation, and will submit this along with the original written grievance or complaint to the Executive Board.

d. The Executive Board will meet and discuss the complaint or grievance, with the involved parties, if it is deemed necessary, will take corrective measures that they feel are necessary, and will issue a written report describing the resolution to the situation. The Executive Board will send a letter to the player, parent, or fan thanking them for their input into the program with a copy of their final report.

2. Since it is the intent of this procedure to insure that players, parents, and fans have a mechanism to provide input into the program, the final report will be read at the next general Soccer Board meeting, with the names of those parties involved removed, so that no one is unnecessarily embarrassed.

VIII. Prohibition of Harassment, Intimidation, and Bullying Policy

A. Purpose

1. The Fallston Soccer Program is committed to a safe and fun environment for all players, volunteers and visitors free from harassment, intimidation or bullying. "Harassment, intimidation or bullying" means any intentional written, verbal, or physical act, when the intentional written, verbal, or physical act:

a. Physically harms a player or damages the player's property; or

b. Has the effect of substantially interfering with a player's soccer training, practice, game; or

- c. Is severe, persistent, or pervasive that it creates an intimidating or threatening environment; or
- d. Has the effect of substantially disrupting the orderly operation of the team.

B. Definition

1. Nothing in this policy requires the affected player to possess a characteristic that is a perceived basis for the harassment, intimidation, or bullying, or other distinguishing characteristic.
2. Harassment, intimidation or bullying can take many forms including: slurs, rumors, jokes, innuendo's, demeaning comments, drawing cartoons, pranks, gestures, physical attacks, threats, or other written, oral or physical actions. "Intentional acts" refers to the individual's choice to engage in the act rather than the ultimate impact of the action(s).
3. This policy is not intended to prohibit expression of religious, philosophical, or political views, if the expression does not substantially disrupt the player's or team environment. Other Recreational Councils that teams travel to for games may still prohibit many behaviors that do not rise to the level of harassment, intimidation, or bullying.
4. Counseling, corrective discipline, and/or referral to law enforcement will be used to change the behavior of the perpetrator and remediate the impact on the victim. This includes appropriate intervention(s), restoration of a positive climate, and support for victims and others impacted by the violation. False reports or retaliation for harassment, intimidation or bullying also constitutes violations of this policy.

GENERAL GUIDELINES

I. Participation in the Soccer Game

A. In-House Program (non-referee enforceable)

1. All players on the team should play in approximately one half of the game they are present.
2. In an effort to encourage the development of multiple soccer skills, a player should play the Goalkeeper position for only approximately one-half of the game.

B. Travel Program

1. Participation of players in a travel game should be a minimum of 25% of the game they are present and eligible to play.

Revisions

2/28/2018 – Remove references of “Boys” to make document universal for boys and girls.
Reformatted

document to reflect correct structure. Completed grammar and spelling checks.

3/03/2011 – (VI) Entire by-laws reviewed and updated by current Boys Soccer Board and attendees.

4/12/2002 – (V. C. 3a) U14 Travel exception for in-house optional players.

4/11/2000 – (V) Travel team 25% out-of-county rule. Travel player 25% participation rule. Travel player

participation in-house league rule.

4/16/1998 - (IV) Meetings

3/12/1998 - (IV) Soccer Board, (V) Executive Board, (II.B) Soccer Board Offices and Responsibilities, (IX)

Amendments, (IV) Meetings, General Guidelines.

6/12/1997 - (V) Program Development Guidelines and Execution (C) Travel Teams (9) Fall Season

4/14/2025 – (IV) Soccer Board, (V) Executive Board, modifications to his/her.

3/14/2026 – (X) Amendment to Travel Tryout Requirements