

UCYFL

Article V. Equipment

All players participating in this league, which is a tackle football program, must be properly equipped and said equipment shall consist of, but not be limited to, the following:

Section 05.01 Player's Equipment

- Jerseys. Only one player may wear a given number. In the event of a jersey change, the official and the opposing head coach must be notified immediately.
- Football pants, including kneepads, thigh pads, hip pads, tailbone pad, and athletic cup (a football girdle may be used instead of hip pads).
- Football shoulder pads.
- Helmet with face guard - National Operating Committee on Standards for Athletic Equipment, (NOCSEA) approved and inspected when necessary.
- Mouthpiece must be attached to the helmet face guard (No clear mouthpieces). Except special mouthpiece issued by the Doctors office.
- Shoes (tennis shoes or non-metal or non-metal tipped cleats only).

NOCSEA

<https://nocsae.org/overview-nocsae-youth-football-helmet-standard/>

FRC Football

Helmets should be reconditioned every two years and should not be more than 10 years past their manufacture date. There should be a sticker on all helmets on the back from Riddell certifying the helmet as passing the reconditioning and that it was safe for play.

Our certification process is that we ship the helmets to Riddell every two years for reconditioning and evaluation. They are also repainted at that time. The shell is evaluated for stability and the internal padding is evaluated and replaced as needed. If a helmet is not cleared by the manufacturer then it is pulled by the manufacturer and stripped so that it cannot be used. More on this process from Riddell can be found here.

<https://content.riddell.com/recon-what-is-it/>