



2024 Fallston Rec Football Frequently Asked Questions

When does registration open and close?

Returning family registration starts in early February and lasts for two weeks. Registration for new families begins the middle of February, and will remain open until rosters are filled. Waitlists will be opened at age groups where we hope to find enough athletes to start another team. In age groups where we are locked in at the number of teams we will be fielding; we will not be offering a waitlist option.

How much does registration cost?

Cost per player is \$200 for regular registration for the 2024 season. All registrations after June 17th will be assessed a \$75 late registration fee.

What is included in my registration fee?

Every player receives a new double-sided game jersey with their last name (white and blue), two pair of game pants (white and blue), kneepads, a mouthpiece, practice pants, a practice jersey, shoulder pads, and a helmet. At the end of the season, you return your game pants, practice pants, shoulder pads, and helmet. During equipment handouts, you provide a \$250 check (dated for December 2024) to secure the rental of the rec equipment and the uncashed check is returned to you when the equipment is returned.

What equipment is required to play?

In addition to the provided shoulder pads, helmet, kneepads, and tethered mouthpiece, each player must have an athletic girdle with protective cup, two hip pads, two thigh pads, and a tailbone pad. They should also have nonmetallic stud cleats. Gloves, high socks, face shields, back pads, and rib pads are optional.

When is equipment handed out?

There will be three equipment handout dates in early June. Equipment handouts will happen at the Press Box next to the Turf Field at the Fallston Rec Center. Athletes must attend with their parents to be properly sized and outfitted.

When does the season start?

Evaluations will begin on the Monday of the first week of August (2024 is 7/29). Evaluations will last three days and then teams will be assigned. Practice schedules will be set by individual

teams for the rest of summer and into the school year. Teams are limited to no more than 6 hours of activity in three days during the season, not counting games on Friday or Saturdays. Scrimmages will start in the second week of August and the UCYFL regular season schedule will begin for most teams in the last week of August. There will be league games on Labor Day weekend.

What are the rules?

Fallston plays in the UCYFL, or Upper Chesapeake Youth Football League. Unless otherwise noted in this UCYFL rulebook (<http://ucyfl.com/request.php?2>), the league follows NFHS rules.

What are evaluations?

In age groups with multiple teams, evaluations are held on the first three days of practice to best determine team placement for each athlete. Players are assigned to teams based on their athletic ability, skills, and football knowledge. Coaches will evaluate not only a player's opportunity for success at that level of competition, but also their ability to protect themselves and grow in the game of football. Blue teams play at the highest level of competition in the age group and are made up of the most athletically and mentally prepared athletes. Orange teams are the next highest level of team competitiveness and White teams are the third tier of competition.

How do I know what team will my player be on?

After the evaluation process is complete, your coach will email or call you to welcome you to their team. You will then be assigned to their team on the TeamSnap app where the majority of scheduling and team communications will occur. Team assignments are final and are not able to be challenged. If you are adamant that you do not want your team to compete at the Blue level, you must identify that to the evaluating staff BEFORE evaluations begin. Coaches cannot be requested.

Can I get a refund for registration if my player decides they do not want to play?

No refunds will be issued unless the program is canceled, the participant moves far enough away to make a commute non-practical, or a serious injury prevents the player's participation prior to the start date of the program.

Are families required to volunteer and fundraise?

Yes. Each family is required to volunteer in the concession stand throughout the season. Most will only have to cover one shift per player but based on your number of home games, team size, and schedule, you may need to serve more than one shift. In addition to volunteering at the concession stand, each family is responsible for the sale of \$100 of raffle tickets that will be sold to them at the equipment handout. Fundraising for the bull roast as well as team focused fundraising is in addition to these other responsibilities. (note: This is one per player within the program, if you have multiple players - raffle tickets and volunteer sessions are required for each).