

Sponsored by  
the Fallston Rec Council

## Orange Pride



## Basketball Camp

at Fallston High School

**DATES:** July 16-19 (Mon - Thurs)

**FOR:** Boys and girls age 8-14

**TIME:** 9:00 - 3:30

**COST:** \$175 per camper

**Register at:**

[www.Fallstonrec.siplay.com](http://www.Fallstonrec.siplay.com)

### Daily Agenda

- 9:00: Drop-off  
9:10: Morning shoot-around and warm-ups  
9:30: Focus on Fundamentals (lecture)  
9:45: Skills Stations  
10:30: Games  
**Lunch**  
12:15: Afternoon shoot-around and warm-ups  
12:30: Guest Lecture/Demonstration  
1:00: Stations / Drills  
1:30: Games  
2:30: Contests, closing comments  
3:30: Pick-up

### **Orange Pride Basketball Camp**

stresses two things: FUN and learning the fundamental skills necessary to excel as a basketball player. Each camper will receive hands-on, small-group instruction on the basics: footwork, shooting, ball-handling, passing, rebounding, defense.

### **Contests Include:**

- Free Throw Shooting  
3-pointers  
Hot-shot  
Knockout  
One-on-one

### **About the Director:**



**Brian Hulka** is currently the Boys Varsity Basketball Coach at Fallston High School, where he has been a teacher for 16 years. In 2016-17 he led the Cougars to their best record in school history at 19-5, and secured Fallston's first ever Division Championship. As a youngster, Brian had the tremendous fortune to learn basketball at two of the finest summer basketball camps in the nation: first under legendary former DeMatha coach Morgan Wooten at Mason-Dixon Basketball Camp, and later at Syracuse team camp – under the instruction of Jim Boeheim and Bernie Fine. He currently lives with his wife and two children in Forest Hill.

### **Questions:**

Email: [bhulka@hotmail.com](mailto:bhulka@hotmail.com)

Call: (443) 629-8574



## **For more info:**

[www.facebook.com/orangepridebasketball](http://www.facebook.com/orangepridebasketball)

## **Register Soon!**

Space is very limited!

## **More info:**

**Please note:** this is a Monday - Thursday only camp!

**Lunch:** Pizza, Gatorade, snacks will be available for purchase at lunchtime. Or campers may bring their own lunch. Lunch will be eaten in the gymnasium.

## **What should campers bring?**

Basketball-appropriate shoes/clothing, basketball (see chart below) lunch, water bottle, gym bag. Make sure everything is labeled.

## ***USAB recommends the following size basketballs:***

- Age 8-11: 27.5 inch
- Girls 12-older: 28.5inch
- Boys 12-14: 28.5 inch
- Boys 15-older: 29.5inch

**Extended care:** (supervised but unstructured) is available 'til 5:00 for an additional \$10 per child per day.

## **All campers will receive:**

- Camp t-shirt
- Age-appropriate printout of drills for continued improvement

## **Awards include:**

Mr. Hustle  
Most improved  
Most coachable  
Best Teammate  
MVP