

Sponsored by
the Fallston Rec Council

Orange Pride



Basketball Camp

at Fallston High School

DATES: June 18-21

(Mon – Thurs)

FOR: Boys and girls age 8-14

TIME: 9:00 – 3:30

COST: \$175 per camper

Register at:

Fallstonrec.siplay.com

Daily Agenda

- 9:00: Drop-off
9:10: Morning shoot-around and warm-ups
9:30: Focus on Fundamentals (lecture)
9:45: Skills Stations
10:30: Games
Lunch
12:15: Afternoon shoot-around and warm-ups
12:30: Guest Lecture/Demonstration
1:00: Stations / Drills
1:30: Games
2:30: Contests, closing comments
3:30: Pick-up

Orange Pride Basketball Camp

stresses two things: **FUN** and learning the fundamental skills necessary to excel as a basketball player. Each camper will receive hands-on, small-group instruction on the basics: footwork, shooting, ball-handling, passing, rebounding, defense.

Contests Include:

- Free Throw Shooting
- 3-pointers
- Hot-shot
- Knockout
- One-on-one

About the Director:



Brian Hulka is currently the Boys Varsity Basketball Coach at Fallston High School, where he has been a teacher for 16 years. In 2016-17 he led the Cougars to their best record in school history at 19-5, and secured Fallston's first ever Division Championship. As a youngster, Brian had the tremendous fortune to learn basketball at two of the finest summer basketball camps in the nation: first under legendary former DeMatha coach Morgan Wooten at Mason-Dixon Basketball Camp, and later at Syracuse team camp – under the instruction of Jim Boeheim and Bernie Fine. He currently lives with his wife and two children in Forest Hill.

Questions:

Email: bhulka@hotmail.com

Call: (443) 629-8574

For more info:

www.facebook.com/orangepridebasketball

Register Soon!

Space is very limited!



More info:

Please note: this is a Monday – Thursday only camp!

Lunch: Pizza, Gatorade, snacks will be available for purchase at lunchtime.

Or campers may bring their own lunch. Lunch will be eaten in the gymnasium.

What should campers bring?

Basketball-appropriate shoes/clothing, basketball (see chart below) lunch, water bottle, gym bag. Make sure everything is labeled.

USAB recommends the following size basketballs:

- Age 8-11: 27.5 inch
- Girls 12-older: 28.5inch
- Boys 12-14: 28.5 inch
- Boys 15-older: 29.5inch

Extended care: (supervised but unstructured) is available til 5:00 for an additional \$10 per child per day.

All campers will receive:

- Camp t-shirt
- Age-appropriate printout of drills for continued improvement

Awards include:

Mr. Hustle
Most improved
Most coachable
Best Teammate
MVP